

Diversity and inclusion mapping document



At Chameleon PDE, we believe that effective PSHE education should reflect the diverse society in which young people live. Our lessons aim not only to develop knowledge and skills but also to foster respect, empathy, and inclusion. To support schools in understanding how our curriculum addresses these values, we have created a Diversity & Inclusion Mapping Document.

Here is a snapshot of what the document for ages 11-12 looks like:

Topic	Keeping safe on and offline	Relationships and sex education	Health and fitness	Mental health and emotional well-being	Human rights	Religion and belief
Trust safety						
Scam						
Harassment, teasing, rumors						
Verbal bullying & cyberbullying						
Stalking						
Food safety						
Attitudes of young people towards people						
Media influence						
Substance and the media						
What does the internet know about me?						
How has technology changed the world?						
EMOTIONAL & MENTAL HEALTH						
Being online, self-esteem & health						
Talking about feelings						
Building my mood						
Feeling low						
Feelings & behaviour						
Learning from mistakes						
Resilience & social changes at puberty						
Managing disappointment						
HEALTH & FITNESS						
Be and Active						
Food Choices						
Physical changes at puberty						
Personal hygiene & oral health						
RELATIONSHIPS AND SEX EDUCATION						
Friendship						
Family						

The left-hand columns list the year group/age and the lesson theme.

Colour-coded sections group lessons by wider PSHE themes (e.g., Keeping safe on and offline)

Top row headings show the five inclusion categories

The mapping document highlights where and how our lessons reference or explore themes relating to:

This resource enables schools to:

Identify where key diversity and inclusion themes are addressed across the curriculum

Ensure that statutory requirements and guidance on inclusion are being met

Demonstrate how their PSHE programme promotes equality, challenges stereotypes, and builds cultural awareness

Plan strategically for whole-school diversity and inclusion priorities

LGBTQ+

Womens Rights

Ethnicity/Race

Disabilities

Religion/Belief

